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I knew I could grow my business if by running workshops and seminars, but I've actually been too scared to do a proper presentation to an audience of more than two people before. I was really sceptical about whether the workshop could help someone like me gain the confidence to go for it. With the strategies I've learned in this workshop, along with the tools, I can now build a really good presentation, I'm ready! Bring on the seminars! - Colleen

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FIND YOUR VOICE & DESIGNING PUNCHY PRESENTATIONS

These workshops are targeted at women who want to develop confidence in communication and presenting. None of us like being in front of the room or the camera but increasingly these skills are essential to growing your business. Whether it's one on one, presenting or running workshops, doing social media posts or webinars, you'll learn and develop your presenting skills and style so you can become an authentic, confident, engaging and memorable speaker.

This workshop is divided into two 1-day sessions – you can choose to only take 1 or you can take them both.

Session #1 focuses on YOU as a speaker and explores some of the following concepts:

- » The power of our mindset and beliefs
- » Pre-presentation preparation and success strategies
- » Common causes of anxiety
- » Identifying your style as a presenter
- » Specific communication tips around body language, your voice, etc.

The goal of the session is to provide you with techniques and tricks of the trade in order for you to rock as a presenter.

Session #2 focuses on helping you construct a punchy presentation that your audience will remember. It is comprehensive and covers topics like:

- » The different ways people learn
- » Success strategies to use on the day of your talk
- » Tools to help you craft your message
- » Tips to create powerful visual aids
- » Analysing your audience
- » Crafting meaningful stories

The goal of this session is to help you construct a talk like the pros! Engaging, cohesive, thought-provoking and ultimately packed with value.

Visit www.venusacademy.co.nz
to find out more or to register online.